

Interval Recording Sheet for Self-Management (Adult/Practitioner)

Learner's Name: _____ Date: _____

Person Collecting Data: _____

Target Behavior / Skill: _____

Directions: Place an X in the appropriate time interval if the learner is engaging in the target skill at any time. Following the observation, record the total number of intervals that the learner was engaging in the behavior.

Date							Total # of Intervals	Classroom / Setting

Interval Recording Sheet for Self-Management (Learner)











Learner's Name: _____

Date: _____

Class / Setting: _____

Target Behavior / Skill: _____

Instructions: This recording sheet is designed to be used with five time intervals. At the end of each interval, the learner circles whether he or she stayed and played with friends. After the last interval, the learner determines if he or she met the criterion to receive a reinforcer.

1	2	3	4	5
 	 	 	 	 

How many smiles did I get? _____

Do I get a reward? _____

